

MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION
MINISTRY OF CULTURE OF THE RUSSIAN FEDERATION
RESEARCH INSTITUTE FOR HYGIENE AND PROTECTION OF HEALTH
OF CHILDREN AND TEENAGERS
FEDERAL STATE INDEPENDENT INSTITUTION - NATIONAL MEDICAL
RESEARCH CENTER FOR PROTECTION OF CHILDREN'S HEALTH
FEDERAL STATE BUDGETARY EDUCATIONAL INSTITUTION OF
HIGHER EDUCATION – THE MOSCOW STATE ACADEMY OF
CHOREOGRAPHY (THE BOLSHOI BALLET ACADEMY)

APPROVED

V.R. Kuchma,
Associate member, the Russian
Academy of Sciences;
President, The Russian Society
for progress of school and
university medicine and health
care

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APPROVED

J.Y. Gorelova
Professor, Chief external expert
in medical aid rendered at
educational institutions, the
Ministry of Health of the Russian
Federation

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LIST OF DISEASES, MALCONDITIONS,
FUNCTIONAL DISORDERS AND FEATURES OF PHYSICAL
GROWTH AND DEVELOPMENT RENDERING CHILDREN
INAPT FOR ENROLLMENT IN AND STUDIES WITHIN
SUPPLEMENTARY AND MAJOR
PROFESSIONAL DEGREE PROGRAMS
IN THE FIELD OF DANCE AND CHOREOGRAPHY

Revised and corrected edition

Moscow-2019

Introduction

According to the Constitution of the Russian Federation (Art. 41), “Everyone shall have the right to health protection and medical aid”. Federal Law # 273-FZ “On Education in the Russian Federation” dated December 29, 2012, declares (Art.3, Clause 1) that one of the principles of the state policy and legal governance of relationships in the field of education is “the humanistic nature of education and priority of human life and health, as well as rights and freedoms of individuals”.

The below **List of Diseases, Malconditions, Functional Disorders and Features of Physical Growth and Development Rendering Children Inapt for Enrollment in and Studies within Supplementary and Major Professional Degree Programs in The Field of Dance and Choreography** (hereinafter – the List) was put together in order to help prevent progress of disorders of health and physical condition of ballet and dance students.

The List governs enrollment in, and studies at educational institutions offering supplementary pre-professional educational programs for “Ballet Arts” and “Choreography Arts Activities”, as well as major professional degree programs for the choreography arts area (majors group # 52.00.00 – intermediate vocational training programs for “Ballet Arts” (various types), educational programs for higher vocational training in “Choreography Arts” and “Choreography Performance” in respect of individuals with chronic diseases, handicaps of anatomy, functional disorders, features of physical growth and development that may progress in the course of pre-professional and vocational studies in the field of dance and choreography and hinder complete and safe mastering of the aforementioned educational and vocational training programs.

The List includes health problems most common for the children / teenagers population. Decisions in respect of enrollment of individuals with health problems and diseases outside the List in the aforementioned educational programs must be made on a case-by-case basis by commissions of specialists and doctors based upon results of in-depth medical examinations of applicants.

The List has three columns. Column I is a list of names of chronic diseases and conditions, as well as functional disorders and handicaps of anatomy, column II is a list of their respective codes as per the International Classification of Diseases, version 10 (ICD-10), whereas column III is a list of remarks specifying stages of illnesses and diseases, as well as their complications rendering applicants inapt for enrollment.

All illnesses, diseases and conditions whose course of progress is malignant or whose stages are more adverse than the stages specified herein, render applicants absolutely inapt for enrollment in and studies of the aforementioned educational programs in the field of choreography arts.

The List was put together by specialists of Federal State Independent Institution - National Medical Research Center for Protection of Children's Health - Dr. habil. med., Professor L.M. Sukhareva, Dr. habil. med., Professor I.K. Rapoport, Dr. habil. med. P.I. Khramtsov, Dr. habil. med. V.V. Chubarovsky and Head of the Bolshoi Ballet Academy clinic, pediatrician N.N. Korshunova.

The below is a revised and corrected edition of the List.

List of Diseases, Malconditions, Functional Disorders and Features of Physical Growth and Development Rendering Children Inapt for Enrollment in and Studies within Supplementary and Major Professional Degree Programs in The Field of Dance and Choreography

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Diseases of the circulatory system		
Heart abnormalities		
- congenital	Q20-Q28	Without circulatory deficiency
- acquired	I34-I38 I05-I09	Without circulatory deficiency
Mitral (valve) prolapse	I34.1	With regurgitation
Non-rheumatic etiology myocarditis	I40-I41	With complete clinical remission
Rheumatic fever	I00-I02	Without cardiac anomalies Without signs of activity of any rheumatic processes from 1 to 5 years upon an attack
Heart rhythm and conduction disturbances: - premature ventricular contraction; - tachyarrhythmia; - preexcitation (WPW) syndrome; - bradyarrhythmia (SSS, wandering atrial pacemaker)	I49.1- I49.4 I47 – I48 I45.6 I49.5 I49.8	With cardiac malfunctions, allorhythmia; With paroxysms; With apsychia
Heart blocks : - atrioventricular blocks, II-III degree; - intraventricular blocks	I44.0 I44.1- I44.3 I44.4- I45	
Vegetative dystonia syndrome, vagotonic type		Mean levels of SBP and/or DBP within 10-5 percentile and lower for the given gender, age and body height, with autonomic dysfunctions: hidrosis, undue fatiguability, headaches,

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
		dizziness, etc.
Vegetative dystonia syndrome, sympathicotonic type		Mean levels of SBP and/or DBP within 90-95 percentile and lower for the given gender, age and body height, with autonomic dysfunctions: tachycardia, low-grade pyrexia, headaches, dizziness and with absence of changes in fundus oculi vessels and ECG
Arterial hypertension	I10 – I15	Mean levels of SBP and/or DBP are equal to or exceed the value of 95 percentile for the given gender, age and body height; with signs of cardiac insufficiency, with headaches, dizziness, and with changes in fundus oculi vessels and ECG
Varicose veins of lower extremities, phlebitis and thrombophlebitis of superficial and deep veins of lower extremities	I83 I80.0- I80.3	Without venous insufficiency; With venous insufficiency
Scrotal varices and varicose veins of other sites	I86.1	Without venous insufficiency; With venous insufficiency
Diseases of arteries, arterioles and capillaries, including Raynaud syndrome	I70- I79	
Diseases of the digestive system		
Congenital dentofacial anomalies	K07	
Chronic gastritis	K29.4 K29.5 K29.7	With endoscopic evidence
Chronic duodenitis, Gastroduodenitis	K29.8- K29.9	With endoscopic evidence
Erosion of duodenum, stomach ulcer, duodenum ulcer (ulcer disease)	K25 K26	In remission
Crohn disease, unspecified ulcerative colitis	K50- K52	In remission

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Intestinal malabsorption syndrome	K 90.0	In remission
Chronic pancreatitis and other diseases of pancreas gland	K86-K87	In remission
Chronic hepatitis	K 73	In remission
Post viral hepatitis condition	B15-B19	Upon completion of mandatory regular medical checkups, enrollment may be possible, subject to an extensive medical examination
Chronic cholecystitis	K 81.1 K87	In remission
Dyskinesia of cystic duct and gallbladder	K 82.8 K87	Enrollment may be possible, subject to an extensive medical examination
Other diseases of biliary tract	K83 K87	In remission
Helminthiases	B65-B83	
Herniae	K40-K46	Upon completion of surgical treatments, enrollment may be possible, subject to an extensive medical examination and no earlier than three months after last surgery.
Rectal bulging (close to rectal prolapse)	K62.3	
Diseases of the blood and blood-forming organs		
Anaemias caused by nutrition (iron deficiency, etc.)	D50-D53	Enrollment must be reviewed on a case-by-case basis
All diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism, regardless of the extent of their acuteness	D55- D89	In remission
Diseases of the respiratory system		
Congenital [anomalies] malformations of lung	Q33	honeycomb lung, cystic (polycystic) lung disease; Congenital bronchiectasis
Cystic lung disease (acquired)	J98.4	
Tuberculosis of respiratory organs	A15-A18	cured;

Classes and groups of diseases, certain specific diseases and other organism systems	Code per ICD-10	Remarks
Post-acute pneumonia condition (completely cured)	J12-J18	In remission Up to 3 months upon recovery
Chronic bronchitis -NOS, mucopurulent, obstructive, emphysematous or unspecified	J40-J42 J44	In remission
Bronchial asthma	J45	In remission
Bronchiectasis	J47	In remission
Allergic rhinitis	J30	Moderate to severe progression
Chronic rinitis	J31.0	Moderate to severe progression
Pollinosis	J30.1	Moderate to severe progression
Chronic diseases and hypertrophy of tonsils and adenoids	J35	Degrees - II-III and III.
Chronic sinusitis	J32	In remission
Deviated nasal septum with respiratory malfunction	J34.2	The enrollment issue should be addressed on a case-by-case basis, based upon presence or absence of respiratory malfunction and frequency of recurrences and aggravation
Chronic nasopharyngitis, Chronic pharyngitis	J31.1 J31.2	The enrollment issue should be addressed on a case-by-case basis, based upon presence or absence of respiratory malfunction and frequency of recurrences and aggravation
Chronic tracheitis, chronic laryngitis, chronic laryngotracheitis	J37	The enrollment issue should be addressed on a case-by-case basis, based upon presence or absence of respiratory malfunction and frequency of recurrences and aggravation
Recurrent haemorrhage from nose	R04.0	The enrollment issue should be addressed on a case-by-case basis, based upon presence or absence of respiratory malfunction and frequency of recurrences and aggravation
Ozena		

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Diseases of ear and mastoid		
Purulent otitis media NOS, attic disease, mesotympanitis	H66	
Chronic otitis	H65-H70 H75	The enrollment issue should be addressed on a case-by-case basis, based upon hearing acuity and frequency of recurrences and aggravation
Persistent sequelae of otitis (presence of dry perforations of tympanic membrane); other diseases of tympanic membrane	H72-H73	
Otosclerosis, Conductive and sensorineural hearing loss (including cochlear neuritis, etc.)	H80 H90 H93-H95	Whisper can be comprehended at up to 6 m of distance
Hearing loss, unspecified (including unilateral and bilateral deafness)	H90.8 H91.9	Whisper can be comprehended at up to 6 m of distance
Disorders of vestibular function, vestibular syndromes	H81-H83	
Mental and behavioural disorders		
Phobic anxiety disorders	F40	Severe symptoms
Neurasthenia, neuroses	F48.0	With dominant psychogenic factor
Neurotic reactions to stress	F43.2	Severe symptoms
Other psychic disorders caused by cerebral injuries or malfunctions	F06.0- F06.3 F06.5 F06.81- F06.82	All psychotic forms
Personality and behavior disorders caused by diseases, injuries or	F07	Mild symptoms

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
malfunctioning of brain		
Psychic disorders and behavior disorders caused by consumption of psycho-active substances	F11- F16.1 и F16.2 F18- F19.1 и F 19. 2 F1*.5	All cases of presence of addiction syndrome and psychotic forms
Emotional disorders occurring in childhood and adolescence (tic disorders, enuresis, logoneurosis)	F90-F98	Mild symptoms
Specific personality disorders (psychopathias)	F60- F62	Mild symptoms
Schizophrenia, schizotypal and delusional disorders	F20- F29	
Bipolar affective disorder	F31	
Mania with psychotic symptoms	F30.02 F31.2	
Depressive episode	F32.1 F32.2- F32.3	Mild or severe symptoms; with psychotic symptoms
Dissociative (conversion) disorder	F44.0- F44.88	
Anorexia nervosa	F50.0- F50.1	With severe deficiency of body weight deficit
Acquired aphasia with epilepsy	F80.03	
Specific developmental disorder of motor function	F82	
Childhood autism	F84.0-	

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
	F84.12	
Asperger syndrome	F84/5	
Hyperkinetic disorders	F90	Subcompensation stage
Conduct disorders	F91	Unsocialized conduct disorder; Socialized conduct disorder
Psychic development delay / Mild mental retardation	F70	
Diseases of the nervous system		
Organic diseases of the central nervous system and sequelae of diseases (encephalitis, meningitis, arachnoiditis, closed head injuries, etc.)	G00-G08	
Mild post intracranial (concussion) condition	S06	Up to 6 months upon recovery
Epilepsy (including past history); entire variety of manifestations of convulsive disorders	G40	Caused by residual organic injuries of brain; compensation stage (w/o permanent treatment)
Migraine	G43	Compensation stage
Other headache syndromes (including cases of unclear etiology)	G44	Compensation stage
Transient cerebral ischaemic attacks and related syndromes	G45	Compensation stage
Disorders of vegetative (autonomic) nervous system	G90	With angiospasm occurring once a week or more frequently
Hydrocephalus	G91	Compensation stage

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Infantile cerebral palsy	G80	Compensation stage
Polyneuropathies and other disorders of the peripheral nervous system	G60-G64	
Demyelinating disease of central nervous system	G37.9	
Diseases of myoneural junction and muscle	G70-G73	
Nerve, nerve root and plexus disorders	G50-G59	
Other diseases of spinal cord, sequelae of injuries of vertebral column and spinal cord	G95. S12-S14 S22 S24 S32 S34	
Diseases of the eye and adnexa		
Accommodative strabismus	H50	With violations of binocular vision
Paralytic and non-accommodative strabismus	H49	With violations of binocular vision
Moderate or severe hypermetropia	H52.0	
Moderate or severe myopia	H52.1	
Amblyopia	H53.0	
Anisometropia	H52.3	5 diopters or more
Visual disturbances and blindness	H53-H54	
Disorders of eyelid, lacrimal system and orbit	H00-H06	

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Recurrent, chronic and progressing disorders and illnesses of conjunctiva	H10-H13	
Recurrent, chronic and progressing disorders and illnesses of sclera, cornea, iris and ciliary body	H15-H22	
Disorders of choroid and retina	H30-H36	
Disorders of optic nerve and visual pathways	H46-H48	
Diseases of the genitourinary system		
Non-malignant proteinuria (physiologic, orthostatic)	N39.1- N39.2	Without kidney diseases
Minor anomalies of kidneys and urinary tract (kidney rotation, kidney dystopia, mild pielectasia, renal mobility, etc.)	Q60-Q64	Without urinary syndrome
Congenital disorders of kidneys and urinary tract	Q60- Q64	With renal functions sustained
Glomerular diseases (glomerulonephritis)	N00-N08	With complete remission
Tubulo-interstitial diseases (chronic pyelonephritis – primary, secondary, interstitial nephritis of metabolic origin, etc.)	N10-N16	With complete remission
Neurogenic bladder malfunction (disturbance of urination rhythm)	F98.0	
Enuresis	N39.3- N39.4	

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Status post acute infections of urinary tract, acute cystitis	N30.1	The enrollment issue should be addressed on a case-by-case basis, but no earlier than one year upon a complete recovery
Secondary arterial hypertension (renal)	I15.0- I15.1	With renal functions sustained and with no complications in other organs and/or systems
Kidney stone disease	N20-N23	With renal functions sustained
Cryptorchidism (undescended testicle, unilateral or bilateral)	Q53	
Hydrocele	N43,0- 43,3	
Chronic diseases of female pelvic organs	N70, N73, N75, N76	The enrollment issue should be addressed on a case-by-case basis, based upon frequency of recurrences and aggravation
Endocrine, nutritional and metabolic diseases		
Goitre	E04	II-III or IV degree, without malfunctioning
Thyrotoxicosis (hyperthyroidism)	E05	
Thyroiditis	E06	
Hypothyroidism	E00- E03	
Nutritional deficiency (body weight deficit)	E43-E46	Body weight below values listed in Attachment hereto
Excess body weight		Body weight above values listed in Attachment hereto
Short stature	E34.3	Stature shorter than minimum permissible value of the

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
		“normal range” specified for a particular age, without endocrine disorders
Short stature (nanism)	E 34.3	
Obesity	E66	Body weight above values listed in Attachment hereto
Juvenile gynaecomastia with endocrine disorders	N62	
Abnormal glucose tolerance	R73.0	
Insulin-dependent diabetes mellitus (type I)	E10.0	
Diabetes mellitus (type II)	E11	
Early or precocious puberty (pubertas praecox)		
Diseases of the skin and subcutaneous tissue		
Atopic dermatitis, eczema, neurodermatitis, allergic dermatitis	L20 L23	The enrollment issue should be addressed on a case-by-case basis, with due account of location of the allergic process, area of its spreading, presence or absence of pruritus and intensity of skin processes
Urticaria	L50	The enrollment issue should be addressed on a case-by-case basis, with due account of location of the allergic process, area of its spreading and frequency of recurrences and aggravation

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Pruritus	L29	The enrollment issue should be addressed on a case-by-case basis, with due account of location of the allergic process, area of its spreading and frequency of recurrences and aggravation
Papulosquamous disorders (Psoriasis, parapsoriasis, etc.)	L40 – L45	The enrollment issue should be addressed on a case-by-case basis, with due account of location of the allergic process, area of its spreading and frequency of recurrences and aggravation
Diseases of the musculoskeletal system and connective tissue		
Scoliosis	M41	2 nd degree curvature, based on X-ray and clinical data
Juvenile osteochondrosis	M42	Without well-pronounced clinical signs
Dorsopathies (including spondylopathies), congenital vertebral deformity	M40-M54	
Pes cavus	Q66.7	As evidenced by results of plantography
Flat foot (pes planus)	M21.4	Well-pronounced, as evidenced by results of plantography
Pinches, immobility, deformity or absence of toes hindering full-fledged body support capacity		
Valgus deformity	M21.0	

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
Congenital and rachitic deformities of thorax	Q67.5- Q67.7	2 nd degree or more
Deformities of foot, lower leg and upper leg	M21 Q65-Q66 Q68	
Arthropathies, osteopathies and chondropathies in any locations	M00-M25 M80-M94	
Juvenile arthritis	M08	
Juvenile rheumatoid arthritis	M08.0	
Disorders of muscles, synovial membranes, tendons and soft tissue	M60-M63 M65-M68 M70-M79	
Other disorders of bone density and structure	M85	
Chronic osteomyelitis	M86.3- M86.6	
Unequal lower limb length (more than 2 cm, even with full-fledged gait)	M21.7 Q72	
Consolidated bone fractures during recovery period		The enrollment issue should be addressed on a case-by-case basis, with due account of opinion of a traumatologist
Absence of hand finger(s)		
Syndactyly of hands and feet	Q70	
Other conditions		
Post- appendectomy condition		The enrollment issue should be

Classes and groups of diseases, certain specific diseases	Code per ICD-10	Remarks
		addressed on a case-by-case basis, but no earlier than six months after the surgery
Soft scars after surgeries or injuries; adhesion of scars and subjacent tissues hindering joint motions in the course of physical exercises; peritoneal commissures		The enrollment issue should be addressed on a case-by-case basis, but no earlier than six months after the surgery